



## Specimen Types

We commonly analyze urine, oral fluid, breath, and hair as described in the following table.

Specimen	Detection Window	Primary Use Cases
Breath*	8 to 12 hours, Current impairment	DUI, Abstinence monitoring
Urine	2 to 3 days, Recent use	Abstinence monitoring
Oral Fluid	5 to 48 hours, Recent use	Abstinence monitoring
Sweat	5 to 10 days, Past use	Rural, travel, special situations
Hair	2 weeks to 3 months, Extended past use	Child custody, outcomes, rural

\*averhealth conducts a breath test on every client prior to a same-gender observed collection.