



## Laboratory v. Instant Testing

When testing clients in a treatment court setting, it is critical to know whether they are using drugs, and what drugs they are using. Averhealth's laboratory testing can give you the confidence and intelligence you need to ensure client's are staying on the path to sobriety. While instant cup tests may be cheaper in the short term, they ultimately cannot provide you the data you need to ensure treatment compliance.

Evidence-based drug testing, as outlined by the National Association for Drug Court Professionals (NADCP), requires daily engagement; random selection; same-gender, directly observed collections; rotating panels; and scientifically valid technology. Averhealth has seamlessly integrated every element of this process into our service options and is committed to helping clients achieve and maintain sobriety.

### ROTATION OF PANELS

While an instant test provides results within minutes, it can only test for certain drugs, which are the same every single time. With laboratory testing through Averhealth, you can rotate which drugs are screened for, allowing you a more comprehensive picture of a client's use pattern. Furthermore, the drugs are not listed on the side of the test cup, which means a client cannot determine which drugs they are being tested for in order to change their use behaviors. In all, this leaves you with better data and keeps clients on the path to recovery.

### BETTER RESULTS

Laboratory testing enhances treatment and public safety by avoiding false negatives common with instant screening tests. In addition, laboratory testing reduces the need for expensive confirmation testing, ultimately saving you money. For every 1,000 laboratory screens that Averhealth does, just two require confirmation. This is compared to an average of 19 per 100 confirmations needed for on-site screens.

Definitive laboratory test results provide a significantly higher degree of certainty relative to the subjectivity of instant test results. Moreover, instant testing requires a subjective reading from a collector. This can lead to cross-reactivity "noise" in the reading, introducing variability in on-site testing results. What one technician reads as positive, another may read as negative. Laboratory testing screens do not introduce this same noise to the test, giving you more reliable results.

